



Summer Timetable:

**31st of July
to the
17th August**

Week beginning 31st July

MON 31st - 10-11am - Pilates
MON 31st - 7-8pm - Strong by Zumba

TUE 1st - 11.45-12.45am - Pilates
TUE 1st - 7.15-8.15pm - Anti Gravity

WED 2nd - 10-11am - Pilates
WED 2nd - 7.30-8.30pm - Pilates

THU 3rd - 12-1pm - Easy Pilates

Week beginning 7th Aug

MON 7th - 10-11am - Pilates
MON 7th - 7-8pm - Strong by Zumba

TUE 8th - 11.45-12.45am - Pilates
TUE 8th - 7.15-8.15pm - Anti Gravity

WED 9th - 10-11am - Pilates
WED 9th - 7.30-8.30pm - Pilates

THU 10th - 12-1pm - Easy Pilates

Week beginning 14th Aug

MON 14th - 10-11am - Pilates
MON 14th - 7-8pm - Strong by Zumba

TUE 15th - 11.45-12.45am - Pilates
TUE 15th - 7.15-8.15pm - Anti Gravity

WED 16th - 10-11am - Pilates
WED 16th - 7.30-8.30pm - Pilates

THU 17th - 12-1pm - Easy Pilates

Summer Class Prices

Single drop in class = £17

Summer Class Packs

Any 3 classes = £45

Any 6 classes = £78

Any 9 classes = £99

Any 18 classes = £162

Summer Class Packs only available for classes on this Summer Timetable.

Anny Fitness - Grove Park Studios

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